What Is Signature+?

Signature Plus · https://thesixpackrevolution.com/docs/what-is-signature-2/

Signature+ is the natural extension of our Signature programme, created for those who want to keep improving. It builds upon the success you've already achieved and pushes you to new heights with 10 brand-new exercise challenges and 10 new abs-focused workouts. Plus, you'll enjoy some exciting new recipes to keep your nutrition exciting, tasty, and effective. If you haven't completed the Signature Programme before, please head over to our Signature page to join.