Clothing Sizes

Clothing · https://thesixpackrevolution.com/docs/clothing-sizes/

Below is our sizing guide to help you select the correct items. Inevitably there is some variance in the sizing standards used by manufacturers. We have endeavoured to provide you with the most accurate presentation of these sizes but if you have any concerns or queries, please contact our **Customer Services** team.

Please note that unless stated otherwise that all sizes on the website are shown in UK sizes.

Mens Sizes

Men's T-Shirt Measurements (Inches)

	Chest	Length	Sleeve
X-Small	36	26	7.5
Small	38	27	8
Medium	40	28	8.5
Large	42	29	9
XL	43	30	9.5

Men's Tracksuit Top Measurements (Inches)

	Chest	Length	Sleeve
X-Small	36	24	30
Small	38	25	30.5
Medium	40	26	31.5
Large	42	27	32.5
XL	44	28	33.5

Men's Tracksuit Bottom Measurements (Inches)

	Waist	Length	Center (Inseam)
X-Small	30	39.5	45
Small	32	40.5	46
Medium	34	41.5	47
Large	36	42.5	48
XL	38	43.5	49

Womens Sizes

Women's T-Shirt Measurements (Inches)

	Chest	Length	Sleeve
X-Small	30	23.5	23.5
Small	32	24.5	24
Medium	34	25.5	24.5
Large	38	26.5	25
XL	40	27.5	25.5

Women's Tracksuit Top Measurements (Inches)

	Chest	Length	Sleeve
X-Small	32	23.5	23.5
Small	34	24.5	24
Medium	36	25.5	24.5
Large	38	26.5	25
XL	40	27.5	25.5

Women's Tracksuit Bottom Measurements (Inches)

	Waist	Length	Center (Inseam)
X-Small	26	37	45
Small	28	38	46
Medium	30	39	47
Large	32	40	48
XL	34	41	49